

Butterflies Prospering Wellness Co.

Is now offering *THERAPEUTIC YOGA*



With: *Andrea Pace*

Information Session: September 20th, 6PM

(In person @Butterflies Prospering Wellness Co. or via Zoom)

THE INFORMATION SESSION WILL COVER:

- * WHAT THERAPEUTIC YOGA IS
- * WHAT CONDITIONS THERAPEUTIC YOGA CAN HELP WITH
- * HOW GROUP CLASSES AND ONE ON ONE THERAPEUTIC YOGA SESSIONS DIFFER
- * WHAT YOGA TECHNIQUES CAN HELP EASE PHYSICAL PAIN AND EMOTIONAL SUFFERING

Please R.S.V.P for the information session via e-mail or phone.

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